MetroWest Dance Academy

Schedule 2023/24

Studio 1			Studio 2			Studio 3		
Monday			**Monday**			**Monday**		
			4.30-5.30pm	Grade 1 Ballet	Ages 7+	4:30-5.30pm	Grade 2 Ballet	Ages 8+
5:35-6:50pm	Advanced Contemporary	Ages 14+	5:30-7:00pm	Grade 5 Ballet & Cond	Ages 11+	5:30-7:00pm	Intermediate Ballet	Ages 13+
7:00-8:15pm	Int Contemporary	Ages 11+	7:00-8:30pm	Advanced 2	Ages 14+	7:00-8:30pm	Advanced 1	Ages 14+
Tuesday			**Tuesday**			**Tuesday**		
4.15-7.15pm	Heavey Quinn School of Dance		8:30-9:30am	Adult Ballet	Ages 18+	4:00-4:45pm	Little Steps	Ages 3-5
			4.30-5.30pm	Primary Ballet	Age 6+	4:50-5:35pm	Grade 3 & 4 PBT	Ages 9+
			5:35-6:50pm	Grade 4 Ballet	Ages 10+	5:40-6:55pm	Grade 3 Ballet	Ages 9+
			6:50-8:20pm	Advanced 1 Ballet	Ages 14+	7:00-8:30pm	Grade 6 Ballet	Ages 13+
Wednesday			**Wednesday**			**Wednesday**		
4:15-5:30pm	Grade 3 Ballet	Ages 9+	4:15-5:30pm	Grade 4 Ballet	Ages 9+	4:30-5:15pm	Pre-Primary Ballet	Ages 5+
5:30-6:30pm	Grade 3 Jazz/Tap	Ages 9+	5:30-7:00pm	Advanced Foundation	Ages 13+			
6:30-7:00pm	Inter Conditioning	Ages 13+	7:00-8:30pm	Advanced 2	Ages 14+			
7:00-8:30pm	Intermediate Ballet	Ages 13+						
Thursday			**Thursday**			**Thursday**		
4.15-8.00pm	Heavey Quinn School of Dance		4:30-5:15pm	Grade 4/5 Tap	Ages 10+	4:15-5:15pm	Grade 2 Ballet	Ages 8+
			5:20-6:20pm	Grade 2 Jazz/Tap	Ages 8+	5.15-6.15pm	Grade 4/5 Jazz	Ages 10+
			6:30-7:30pm	Int Jazz	Ages 12+	6.15-7:30pm	Adv Jazz	Ages 14+
			7:30-8:15pm	Adv Tap	Ages 13+			
Friday			**Friday**			**Friday**		
			4:30-5:30pm	Advanced Conditioning	Ages 14+	4:30-6:00pm	Grade 5 Ballet	Age 11+
			5:30-6:30pm	Advanced Open Pointe	Ages 14+	6:00-6:30pm	Grade 5 Pre-Pointe	Age 11+
Saturday			**Saturday**			**Saturday**		
9:00-9:45am	Little Steps	Ages 3-4				9:30-10:30am	Pre-Primary Ballet and Tap	Ages 5+
9:50-10:35am	Little Steps Ballet & Tap	Ages 4-5	10:00-11:30am	Inter/AF Open Ballet	Ages 13+	10:35-11:35am	Primary Ballet	Ages 6+
10:40-11:40am	Grade 1 Ballet	Ages 7+	11:30-1:00pm	Advanced Open Ballet	Ages 14+	11:35-12:50pm	Advanced Foundation	Age 14+
11:45-12:45pm	G1 & Primary Jazz/Tap	Ages 6+						